

February 2025



Dear Friend and Partner in Ministry,

As February ends, we are experiencing an intense heat wave, but our commitment to supporting young mothers remains strong. This month has been filled with stories of transformation, program progress, and generous support from our community.

MATERNITY CENTRE

The Maternity center furnishing is gradually taking off slowly, we are so excited and grateful to the donation received toward the equipment and furnishing.

This month we purchased 1 delivery bed, 4 hospital beds, 4 mattresses for the hospital beds, 3 trolleys, a drum for sterilizing, 1 stool, 1 waste bin, 1 weighing scale for babies, 2 ward screens and 2 drip stands.

PHOTOS FROM THE MATERNITY CENTER FURNISHING



COUNSELLING & ADMISSIONS

This month, 21 girls had individual counselling sessions with the counsellor. Conducted 4 group counselling sessions with girls.

Taught life skills. Topics were;

- Ways of good communication.
- Introduction of the new girls.
- Discussion from the Youth Aim High booklet.
- Behaviour change.
- Debriefing, concerning the loss of Anisha's baby.
- Lessons learnt from the YAH booklet.
- Sexual abstinence.

Admissions	6
Discharge	4





VOCATIONAL SKILLS

Cookery

In our cookery class, the girls learned to make spring rolls, fries, pilau rice, donuts and chapati.

Gardening

The project of planting sweet potatoes has been doing well, despite the extreme heat the girls have been watering their garden and the plants are growing well.

Tailoring

Girls embarked on a new project of making baby clothes - baby overalls, baby dresses, and baby pyjamas. The girls are excited about this project.

Art and craft

They have been learning how to make baskets and lampshades from the available raw materials.

Computer class

This month, the girls are learning to use the PowerPoint application to make presentations.

Bible class

This month, the girls were taught discipline from a bible perspective especially while back in the community.

English class

Girls were able to learn as follows in the lessons.

- Prepositions
- Opposites
- Proverbs





DELIVERIES

These are not their real names.

NAME	AGE	SEX OF BABY	WEIGHT (KG)	MODE OF DELIVERY
1. Anisha	16	Girl	2.2	C/Section
2. Joan	17	Girl	3.2	Normal Delivery
3. Pamela	14	boy	3.6	C/Section
4. Betty	16	girl	3.2	Normal Delivery
5. Bettina	18	Girl	3.2	Normal Delivery
6. Doreen	16	girl	3.6	C/Section
7 Eva	13	Girl	1.9	Normal Delivery

- 6 young pregnant mothers went to hospital for ultra sound scan.
- 15 young pregnant mothers went for Antenatal
- 10 young pregnant mothers had Urinary Tract Infections.5 had vaginal candidiasis
- 4 with heart burn
- 10 with Respiratory Tract Infections

INFANT CARE

Topics taught were; Normal signs in pregnancy, personal hygiene, toilet hygiene, Ebola Virus signs and symptom, how it spreads and its prevention, UTI's in pregnancy.

Young

BETINA

The young girl we have is a little 12-year-old who is 2 months pregnant. She is been here since 25th February. She was brought by a social worker of an organisation from the Western part of Uganda. It has not been easy for her for the first 4 days, crying and asking her to take her back to her school !! She was so desperate and wanted to go back to her friends and was wondering why she was at Wakisa Ministries. She had to be informed she was pregnant with a baby and her family is not ready to keep her with her pregnancy.

Betina's mum is mentally unstable. Her dad has no stable home so was brought to live in a single woman's home. She has been told by neighbours that this woman took her at a very tender young age. There is an organization that has been sponsoring her in school.

The young boy 16 years from a family started abusing her sexually. She was hurting deeply but she could not tell anyone because he was threatening her. Little Betina is now getting used to Wakisa, and her best friend is Doreen, who is 16 years old. She has now accepted the new way of life, though she does not fully understand the impact of a baby carrying one!!

STAKEHOLDER MEETING

On February 27, 2025, Wakisa Ministries took part in a stakeholders' meeting with the Child Development Centre, a valued partner in our advocacy against teenage pregnancy. Through our collaborative outreach programs held during the holidays, we engage with both children and parents to raise awareness about the realities and risks of teenage pregnancy. By fostering open discussions and education, we emphasize that prevention is always better than cure.

SPONSORSHIP

There are 38 girls sponsored,

- 6 students at university
 - 2 students A 'level
 - 16 students O'level
 - 4 students in primary school.
 - 4 senior six candidates,
 - 5 senior four candidates
 - Vocational training one girl
-
- Girls went back to school beginning of this month for their first term
 - 2 girls joined senior one on 10 February 2025
 - 1 march 4 girls will be joining senior five
 - 1 girl waiting for S.6 results expected to come out this march.



FOLLOW UP

Followed up on 10 young mothers,

- Visited 01 young mother in Gayaza with a small grocery business
- 05 mothers are still at home nursing their babies.
- 02 young mothers are putting into practice the skills they learnt at Wakisa and that is cookery and tailoring.
- 02 young mothers are in school whereby one finished her O level and she is looking forward to joining A level and another one is in S.2



LOSS OF A BABY

Anisha 15 years had a troubled background, taken up by an old woman who died when Anisha was 5 years, the conditions there were appalling. She knew so little about her dad and mum. The absence of their love left a hollow space in her heart. When the old woman passed away, she became a vagabond and the world became a vast, unkind place. With nowhere to call home, she found herself on the streets.

She moved from place to place, each day a battle for survival. She endured abuse, both physical and emotional, each scar a testament to her struggle. She never went to school and couldn't read or write. She was sexually abused when she was on the street in the night

She ended up in a church where a pastor pronounced her demon-possessed person. He exorcised the demons by burning her with dripping, melted, hot plastic bags!!!. When she discovered she was pregnant, this church pastor took her to the police, who later took her to Dwelling Places, which referred her to Wakisa Ministries.

On February 5th, she had labour pain but examining her brought memories of rape and struggled to accept the examination. She later gave birth to a baby girl, a tiny miracle weighing just 2.2 kilograms. The delivery was by caesarean section, a necessary intervention due to fetal distress. Her daughter, fragile and struggling, was immediately admitted to the intensive care unit. For three days, the young mother clung to hope, praying for her baby's survival. Her daughter passed away, leaving her with empty arms and a shattered heart. The pain of burying her child was a burden no one should have to bear. She was utterly broken carries.





GRATITUDE

I am so thankful for your great support towards the Ministry as it serves at various ways by the grace of God. Your support enables Wakisa Ministries to help, heal the hurting young girls in their crisis pregnancy

MAY THE LORD BLESS YOU AND YOUR WORK AS YOU SUPPORT THE WORK

I am sharing with you that I will be retire from my work by the end of this year. My retirement is actually long overdue but the board and myself have finalized with the retirement process.

Donate towards the centre

Account Name	Account Number	Currency	Branch	Sort Code	Swift Code
WAKISA MINISTRIES LTD	2291297406	USD	BEN KIWANUKA	253047	KCBLUGKA

In Christ

THANK YOU SO MUCH FOR ALL THE LOVE AND SUPPORT

Vivian Kityo
Director



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